

benos@thestunthouse.com  
www.benos.co.uk (showreel)

# BENOS



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# Benos Noble

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+44 (0) 7703 20 50 28  
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63 Church Road  
Hauxton  
Cambridge, CB22 5HS  
England

Height: 6'1" 181 cm  
Weight: 174lbs 79 kg  
Chest: 40" 102 cm  
Waist: 33" 83 cm  
Hips: 40" 101 cm  
Hair Colour: Blonde  
Eye Colour: Blue / Green

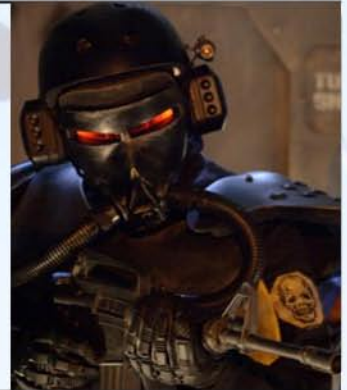


## FEATURE FILM EXPERIENCE

'THE DAUGHTERS' Stunts - Nightclub Security - Featured Extra

'ATTACK ON THE QUEEN'  
Skilled Extra  
- Navy Seal Scuba Diver  
- Fire grappling hook and climb rope

'KOKODA'  
Background stunts and featured extra - SOLDIER  
- stunt 1 - Fighting a Japanese soldier  
- stunt 2 - Firefight in the trenches



## SHORT FILM EXPERIENCE

'Feeling Elemental'  
Lead Character - Earth  
Fight Choreographer  
[visit www.thestunthouse.com to view](http://www.thestunthouse.com)

'The Lowered Cash'  
Assistant Fight Co-ordinator  
Chief Rigger  
Background Extra

27+ short films, filmed over a period of 4 years playing the roles of soldier, ninja, gang member or assistant fight co-ordinator to Ron Vreekan for Australian Stunt Academy



## TV EXPERIENCE

'STUNT SCHOOL'  
Documentary for Dutch Television  
- Scuba Diving Instructor (actual)  
- Abseiling Instructor (actual)  
- Martial Arts Instructor (actual)

'DANGERZONE'  
Denoux Films  
Documentary for international Distribution  
- Scuba Diving Instructor (actual)  
- Abseiling Instructor (actual)  
- Martial Arts Instructor (actual)

'H2O'  
Kids TV show : Director - Colin Budds  
- Extra -- Fisherman  
-- Passer-by



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## COMMERCIAL EXPERIENCE

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'HYUNDAI'

Jogger - gets pulled backwards simulating magnetic force of car

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## LIVE EVENT EXPERIENCE

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'2005 - 2006'

Numerous Fire Shows for functions parties and events, half time entertainment at footy games

- Fire Twirling
  - Fire Burning
  - Fire Breathing
  - Fire Fighting
- 



'July 2003'

30 Metre commando team abseil down building for olympia climbing and abseil exhibition

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'July 1999'

Darth Maul Fight Scene -  
-Star Wars Ep1 Cinema Release promotion

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'July 1995'

Two Face and Batman Fight Scene -  
-Batman Forever Cinema Release promotion

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## THEME PARK EXPERIENCE

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Feb 05 - Performer at Warner Bros. Movie World  
Apr 07

26 Months working at Movie World on the Gold Coast of Australia, roles such as:

- Batman, Joker
- Green Lantern, Black Bart Cowboy
- Martian ManHunter
- Ninja
- Matrix live action show : Agent Smith (lead character) a theatrical fighting show on a concrete street with fighting and falling
- Austin Powers Live Show : Mustafa, a role that required theatrical fighting and tumbling on the concrete



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## CERTIFICATIONS

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Scuba Diving Instructor  
Abseiling Instructor  
Martial Arts Instructor  
- Karate, Taekwondo  
First Aid Instructor

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Advanced Driving Certificate  
Firearms Awareness Certificate  
Soldier British Army

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Motorcycle License  
Car License  
experience driving buses, 7.5 tonne trucks,  
cars with trailers

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SkyDiving 'A' License

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## WEAPON TRAINING AND COMPETENCE

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Soldier Training with Various handguns both semi  
and automatic firing, using both blanks and real  
bullets

Chinese Weapons  
- Short Staff  
- Long Staff  
- Dragon Pole  
- Nunchuku  
- Kali Sticks

Other Weapons  
- Swords  
- Shield  
- Whip



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## STUNT TRAINING AND SKILLS

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Scuba Diving

Abseiling

Theatrical Fighting Tutor

Tumbling and Break Falls

- Shoulder Rolls
- Headers
- Handstand Breakfalls

High Falls 10m

- Headers
- Lay backs
- Back Falls

Russian Swing

Trampolining

Mini Tramp

- Headers ( full twisting)
- Face Offs
- Lay backs
- Barani
- Somersaults

Ratchets and wire work

Fire Burns

Fire Twirling

Fire Breathing

Motocycling

Gymnastics

Martial Arts

- Taekwondo - Karate
- Jiu Jitsu - Kung Fu



Club Juggling

Ball Juggling

Precision Driving



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